

Five White Tigers Martial Arts Exam Sheet

Green Belt

Student Name: _____ Date: _____

Fee: \$40

Paid: \$ _____

Certificate Complete

Forms	Grade								Comments
Kibon 2	A	B	C	D					
Kibon 3	A	B	C	D					
Pinan Chodan	A	B	C	D					
Kicks	Grade Left Leg				Grade Right Leg				Comments
Ap Chagi	A	B	C	D	A	B	C	D	
Ax Chagi	A	B	C	D	A	B	C	D	
Tolyo Chagi	A	B	C	D	A	B	C	D	
Yup Chagi	A	B	C	D	A	B	C	D	
BOF Tolyo Chagi	A	B	C	D	A	B	C	D	
Duro Chagi	A	B	C	D	A	B	C	D	
Spin Kick	A	B	C	D	A	B	C	D	
Idan Ap Chagi	A	B	C	D	A	B	C	D	
Tal Chagi	A	B	C	D	A	B	C	D	
Self Defense	Grade								Comments
4	A	B	C	D					
5	A	B	C	D					
6	A	B	C	D					
7	A	B	C	D					
8	A	B	C	D					
9	A	B	C	D					
10	A	B	C	D					
One Steps	Grade								Comments
4	A	B	C	D					
5	A	B	C	D					
6	A	B	C	D					
7	A	B	C	D					
8	A	B	C	D					
9	A	B	C	D					
10	A	B	C	D					
Breaking	# Of Attempts								Comments
Standing Yup									
Counterforce Break									

Evaluating Black Belt _____