

# Five White Tigers Martial Arts Exam Sheet

## Gold Belt

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Fee: \$20

Paid: \$ \_\_\_\_\_

Certificate Complete

Forms	Grade				Comments							
Kibon 1	A	B	C	D								
Kibon 2	A	B	C	D								
Terminology	Grade				Comments							
Kima Chirugi	A	B	C	D								
Hadan Makki	A	B	C	D								
Paro Chirugi	A	B	C	D								
Sangdan Makki	A	B	C	D								
Kicks	Grade Left Leg				Grade Right Leg				Comments			
Ap Chagi	A	B	C	D	A	B	C	D				
Ax Chagi	A	B	C	D	A	B	C	D				
Tolyo Chagi	A	B	C	D	A	B	C	D				
Self Defense	Grade				Comments							
2	A	B	C	D								
3	A	B	C	D								
4	A	B	C	D								
One Steps	Grade				Comments							
2	A	B	C	D								
3	A	B	C	D								
4	A	B	C	D								
Breaking	# Of Attempts				Comments							
Hammerfist												
Counterforce Break												

Evaluating Black Belt \_\_\_\_\_