

# Five White Tigers Martial Arts Exam Sheet

## Orange Belt Tip #1

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Forms	Grade				Comments							
Kibon 1	A	B	C	D								
Kibon 2	A	B	C	D								
Kibon 3	A	B	C	D								
Terminology	Grade				Comments							
Kima Chirugi	A	B	C	D								
Hadan Makki	A	B	C	D								
Paro Chirugi	A	B	C	D								
Sangdan Makki	A	B	C	D								
Pandae Chirugi	A	B	C	D								
Yup Makki	A	B	C	D								
Kima Yup Chirugi	A	B	C	D								
Sudo Hadan Makki	A	B	C	D								
Kicks	Grade Left Leg				Grade Right Leg				Comments			
Ap Chagi	A	B	C	D	A	B	C	D				
Ax Chagi	A	B	C	D	A	B	C	D				
Tolyo Chagi	A	B	C	D	A	B	C	D				
Yup Chagi	A	B	C	D	A	B	C	D				
BOF Tolyo Chagi	A	B	C	D	A	B	C	D				
Duro Chagi	A	B	C	D	A	B	C	D				
Spin Kick	A	B	C	D	A	B	C	D				
Self Defense	Grade				Comments							
4	A	B	C	D								
5	A	B	C	D								
6	A	B	C	D								
7	A	B	C	D								
8	A	B	C	D								
One Steps	Grade				Comments							
4	A	B	C	D								
5	A	B	C	D								
6	A	B	C	D								
7	A	B	C	D								
8	A	B	C	D								

Evaluating Black Belt \_\_\_\_\_